









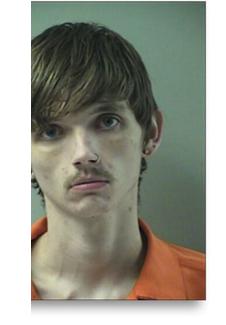
# Save a Life

Fentanyl and Narcan Education

Michelle Lane RN, MSN, NE-BC, CHP Community Health and Wellness









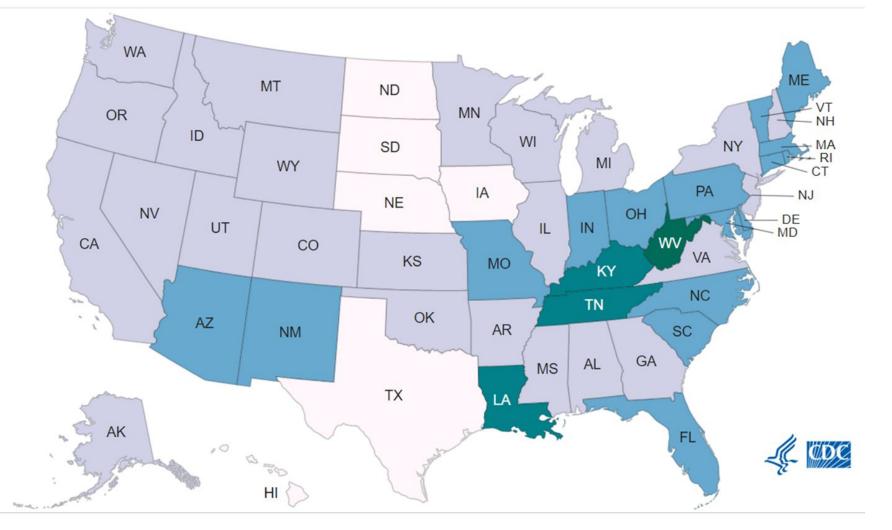
What does someone with a misuse problem look like?



Someone's son
Someone's mother
Someone's best friend
Someone's everything

Overdose does not discriminate







#### Age-Adjusted Death Rates<sup>1</sup>

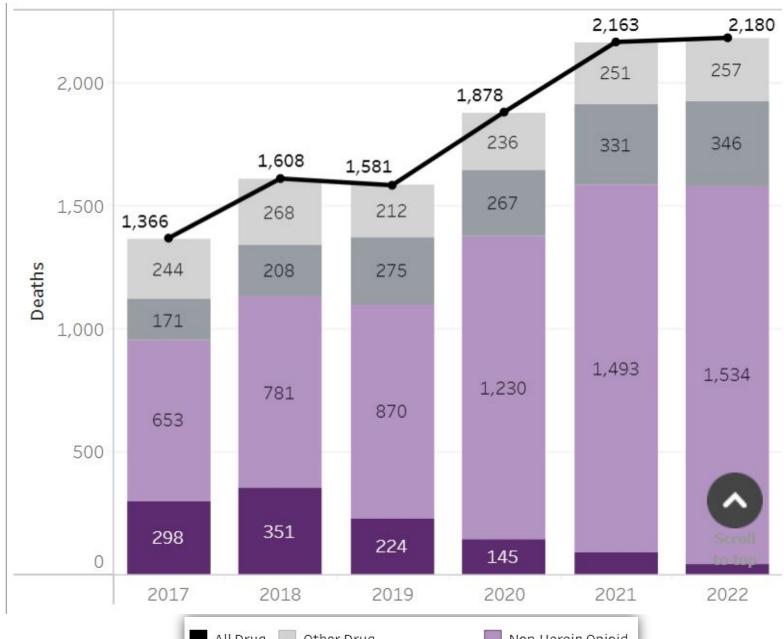
0 - < 18.18

18.18 - < 36.36

36.36 - < 54.54

**5**4.54 - < 72.72

**2021 Drug Overdose Mortality by** State per 100,000 total population

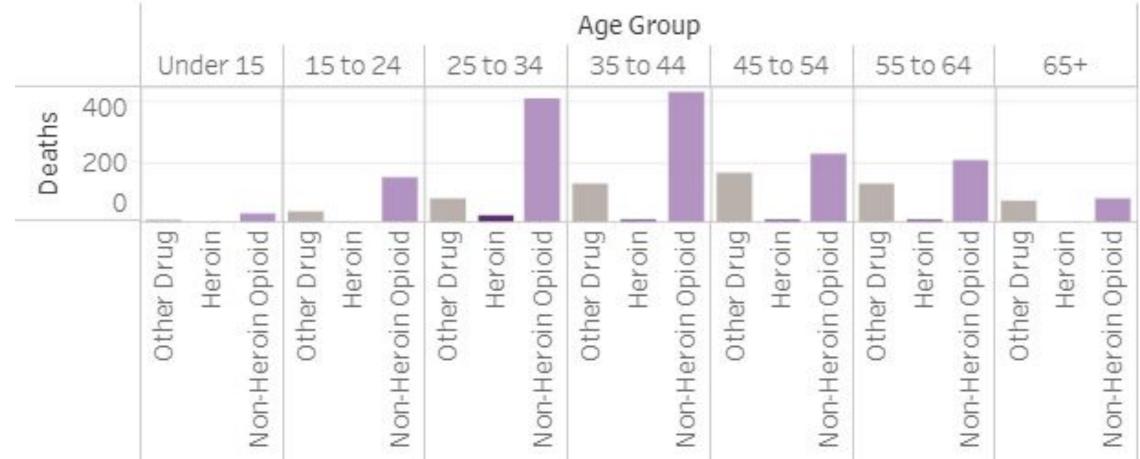






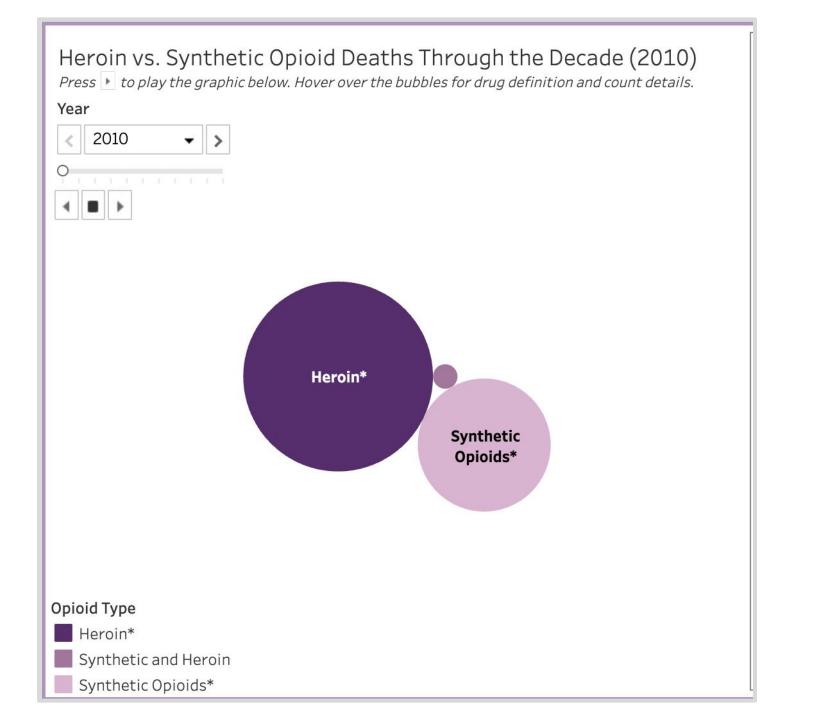


# Missouri Resident Overdose Deaths by Age & Type (Year: 2022)





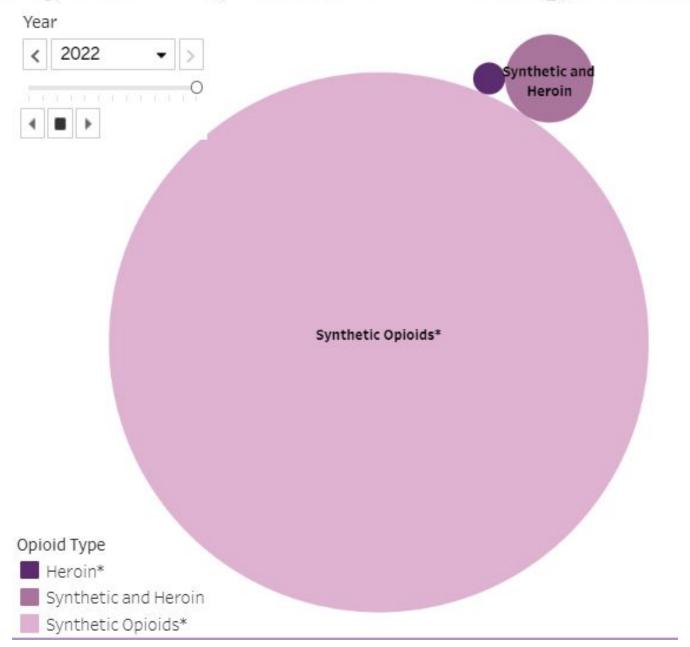








#### Heroin vs. Synthetic Opioid Deaths Through the Decade (2022)











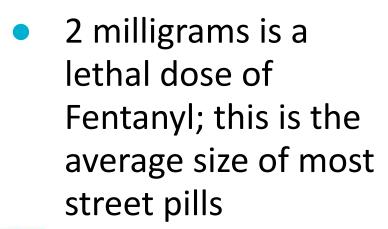


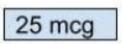
### What is Fentanyl?

- •Fentanyl is a very powerful drug used to treat chronic pain and prepare for surgery in hospitals.
- Fentanyl is being produced and distributed illegally on the streets, causing many overdoses and deaths.
- Side effects:
  - Loopiness
  - Drowsiness
  - Nausea
  - Confusion
  - Sedation
  - Air hunger/Shortness of breath
  - Unconsciousness

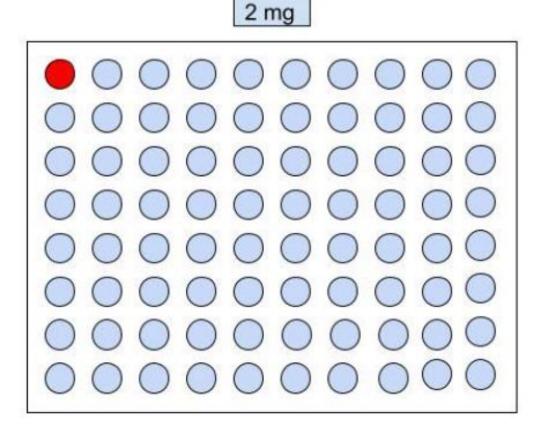


 25 micrograms is the average dose prescribed in hospitals.













1 milligram = 1000 micrograms









# THE SCIENCE OF ADDICTION

What We Know. What We're Learning.

CONFRONTING AN EPIDEMIC SUPPORTING LOVED ONES TREATMENT AND HOPE



# SAVE ALIFE.

Learn how to recognize and prevent an overdose





# Signs

Blue/gray lips or fingernails Deep snoring or gurgling sounds

Pinpoint-size pupils

Slowed or stopped breathing

Unresponsive to pain NDC 88547-353-12

8.1 ml, intransial spray per unit For use in the nose only

Rx Only



WILLIAM STATES

# NARCAN (nalexone HCI) NASAL SPRAY 4 mg

DO NOT TEST DEVICES OR OPEN BOX BEFORE USE.

Use for known or suspected opioid overdose in adults and children.

This box contains two (2) 4-mg doses of natus in 0.1 mL of nasal spray.

#### Two Pack

CHECK PRODUCT EXPIRATION DATE BEFOR

OD OWICK START GUIDE







#### What to Do

- 1 Arouse (3 S's).
  - · Shout the person's name.
  - · Shake their shoulders.
  - Sternal rub: Clench your fist. Using your knuckles, apply pressure to the sternum for at least 30 seconds.
- 2 Check for breathing, and clear the airway.
- Give one dose of Narcan.
  - · Peel open the package.
  - Place the tip of the nozzle in either nostril until your fingers touch the bottom of the person's nose. See photo on the other side for how to hold Narcan.
  - Press the plunger firmly to release the dose. Do not push the plunger until the nozzle is in the nostril.
- 4 Give the second dose.
  - Repeat the instructions above if the person does not begin breathing within 2-3 minutes.
- Call 911.
  - Missouri's Good Samaritan law protects a person who calls 911 for medical help from arrest and prosecution for possessing drugs or the equipment needed to use drugs.
- 6 If the person isn't breathing, give rescue breaths.
  - · Give two breaths to start, then one breath every 5-6 seconds.
  - · Stay with the person until medical help arrives.
  - · If you must leave or if the person vomits, put them on their side.



Do not delay calling 911.

Do not put the person in a bath or shower.

Do not give the person anything to drink.

Do not pour water over their face or slap them too hard.

Do not leave the person alone.





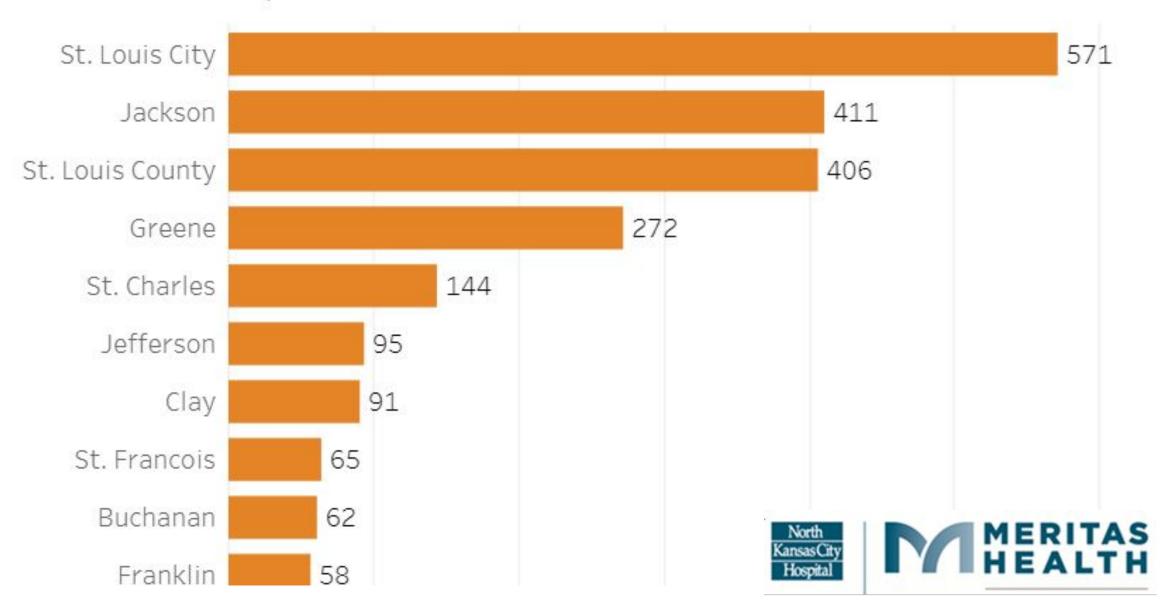








#### Top 10 Counties of All Naloxone Used











## Save a Life



Michelle Lane RN, MSN, NE-BC, CHP Community Health and Wellness Michelle.Lane@nkch.org 816.691.1692